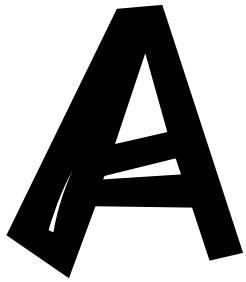


PRAYER NOTES

Name: _____

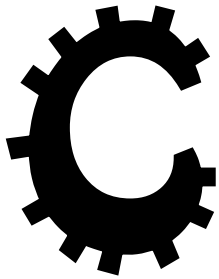
Date: _____

THE **A.C.T.S.** METHOD



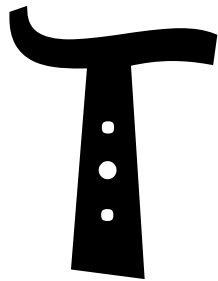
ADORATION

My praise to God:



CONFESSION

I admit my sins and I ask God for forgiveness:



THANKSGIVING

What I am thankful for – blessings from God:



SUPPLICATION

My requests to God – for others and for myself:

